

CAPE TOWN COURSE DATES 2019 SELF-CARE AND WELLNESS

We have 2 options for Cape Town - Friday evening and Saturday full day OR Tuesday evening weekly. All courses depend on a minimum of 6 students. Please let the principal know of your preferred study option.

WEEKEND DATES

Month	Friday PM 6:00 - 9:00	Saturday 9:00 - 5:00	Unit
February 8 & 9	6:00PM -9:00PM	9:00AM - 5:00pm	BKP101
March 1 & 2	6:00PM -9:00PM	9:00AM - 5:00pm	BKP102
April 5 & 6	6:00PM -9:00PM	9:00AM - 5:00pm	BKP 103
May 3 & 4	6:00PM -9:00PM	9:00AM - 5:00pm	BKP 104
Jun 7 & 8	6:00PM -9:00PM	9:00AM - 5:00pm	BKP 105

TUESDAY EVENING DATES

Month	date	Time	Unit
February	5, 12, 19, 26	6pm-9pm	BKP101
March	5, 12, 19, 26	6pm-9pm	BKP102
April	2, 9, 23, 30	6pm-9pm	BKP 103
May	7, 14, 21, 28	6pm-9pm	BKP 104
June	4, 11, 25	6pm-9pm	BKP 105

Venue; The course takes place in Constantia

Costs; Please go here <https://kinesiologysouthafrica.co.za/> and click on **Contact** to receive an enrolment form with all information and costs.

The cost for Self-Care is R2400

The cost for Self-care and Wellness is from R11400 to R12000 depending on your payment plan.